

Table of Limits



The limits presented below are set by the government and updated on a yearly basis. Please note that your plan may have specific limitations. Please check your company's plan documents.

Limit Type	2026	2027
Flexible Spending Accounts (FSAs)		
Healthcare FSA Plan Year Maximum	\$3,400	Not yet released
Healthcare FSA Carryover Maximum	\$680	Not yet released
Dependent Care FSA Annual Maximum – Single or Married Filing Jointly	\$7,500	\$7,500
Dependent Care FSA Annual Maximum – Married Filing Separately	\$3,750	\$3,750
Medical Mileage Rate to Obtain Medical Care (Reimbursable by a Healthcare FSA)	\$.205/mile	Not yet released
Commuter Benefits – Monthly		
Parking	\$340	Not yet released
Transit	\$340	Not yet released
Health Savings Accounts (HSAs)		
Annual HSA Contribution Limit – Employee Only	\$4,400	\$4,500
Annual HSA Contribution Limit – Family	\$8,750	\$9,000
Annual HSA Contribution Limit – Age 55+ Catch-Up	\$1,000	\$1,000
Minimum Annual HDHP Deductible – Employee Only	\$1,700	\$1,750
Minimum Annual HDHP Deductible – Family	\$3,400	\$3,500
Plan Out-of-Pocket Max for HSA Eligibility – Employee Only	\$8,500	\$8,700
Plan Out-of-Pocket Max for HSA Eligibility – Family	\$17,000	\$17,400